

ORCA is

an affiliate of SAGE USA. We are:

- a program of the Equality New Mexico Foundation,
- managed by a Steering Committee of older LGBTQ+ community members and our allies.

Our goals are to educate the general public, senior-serving providers, and the LGBTQ+ community about the unique challenges older LGBTQ+ adults face and to connect LGBTQ+ elders to opportunities for support.

We are focused on:

- Cultural Competency training for senior-serving providers
- Offering support groups, educational opportunities, and social gatherings
- Connecting seniors with resources, including through our telephone check-in program "Friendly Voice."



We offer recurring events, including:

- In-person social gatherings
- Zoom-based discussions
- Support groups for caregivers and bereavement

All are listed on our Meetup:
[www.MeetUp.com/
Albuquerque-LGBT-Elders](http://www.MeetUp.com/Albuquerque-LGBT-Elders)

In addition, we have holiday gatherings, movie nights, and fun fundraisers throughout the year. You can follow what we're up to on our Facebook page (ORCA), our website (orcaabq.org), our Meetup Group (ORCA), or by emailing us: sc@orcaabq.org.

ORCA provides social and educational programs to enhance the lives of older lesbian, gay, bisexual, and transgender individuals in Albuquerque and the surrounding area.

We welcome volunteers and financial support.
Contact us at sc@orcaabq.org.



How can our community support the brave LGBTQ+

people who lived through the better part of the 20th century without any legal protection and endured blatant discrimination and life in the closet - and now, as they age, may be too afraid to seek connection and services.

Please support our efforts to combat isolation with social opportunities and to provide cultural competency training for providers of services for seniors:

- Email us today to set up a training for your staff/organization: sc@orcaabq.org
- Ask us about our work. Email us with your questions or sign up for our newsletter: sc@orcaabq.org
- Make a financial contribution to support this work by donating online or mailing a check.



Older Rainbow Community of Albuquerque, serving LGBTQ+ elders



ORCA

www.orcaabq.org
sc@orcaabq.org
PO Box 20421
ABQ, NM 87154